



MOVIEPREP:

Reminders:

Review bowel prep instructions 1 week prior to procedure to avoid last minute confusions.
NO NUTS, SEEDS, CORN, AND WHOLE GRAINS 1 WEEK PRIOR TO PROCEDURE.

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Two Day - Bowel Prep instructions:

A. 24 hours before procedure (eg: If appt is at 9am on Monday, start at 9am on Sunday)

1. Go on Clear Liquid Diet (eg: jello, clear broth, popsicles, tea, strained juices including apple and white grape.)
2. Avoid -Solids, milk or milk products including soy, and **red, blue, or purple liquids**.

B. Morning of the day BEFORE procedure (prepare Moviprep solution)

1. Empty 1 each of Pouch A and Pouch B into the container provided.
2. Add luke warm water to the top line of the container. Shake to dissolve. Refrigerate.

C. Morning of the day BEFORE procedure (First dose at 5pm)

1. The moviprep container is divided by four marks. Drink solution down to each line on the cup every 15 minutes until container is empty.
2. Follow with 16 ounces of clear liquid.
3. Prepare the second dose of Moviprep solution and refrigerate.

D. Midnight Before Procedure

1. Have nothing to eat or drink until after the procedure.

E. Morning Before Procedure (SECOND DOSE EIGHT (8) HOURS PRIOR TO PROCEDURE)

1. Drink prepared solution down to each line on the cup every 15 minutes until container is empty.
2. Follow with 16 ounces of clear liquid to be completed 6 hours prior your scheduled procedure time.

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Important Considerations

If you're taking Aleve, Ibuprofen, Motrin, iron supplements, fish oil, Celebrex, Naprosyn or Vitamin E, stop taking them 7 days prior to procedure. You may use Tylenol. If you're taking Coumadin, Aspirin, Ticlid, plavix, Eliquis, Proxal, Xarelto, or Brilinta, Please ask your prescribing doctor for instructions regarding stopping these medications.

If your diabetic (to avoid dangerously low blood sugars) and taking insulin, please inform your physician/prescriber regarding proper adjustment of insulin.

If your taking oral diabetic medications, follow our instructions or the prescriber's instructions

If your unsure about taking any medications, please call our office.

Do not stop blood pressure or heart medications unless told by us or the prescriber.

If your a smoker, it is advised not to smoke at least 6 hours prior to the procedure.

***NOTE: Failure to take the Bowel Preparation as indicated may result in a poorly cleansed colon.
Please leave all jewelry including belly button rings and tongue rings at home.**